



In this month's issue of The Harvest Times, we continue our discussion of technical v. fundamental analysis, provide an overview of Required Minimum Distributions and offer some guidance on Medicare plan options to consider during the Open Enrollment period. Click on the titles* or scroll down to learn more about the following topics:

- [Technical and Fundamental Analysis: Pursuing an Integrated Approach](#)
- [RMDs: Required Minimum Distribution Class 101](#)
- [Medicare and Choosing Your Rx and Health Plan](#)
- [A Retirement Income Roadmap for Women](#)
- [Balancing a Retirement Portfolio with Asset Allocation](#)
- [Charitable Contributions from IRAs](#)
- [Bitcoin: Fad or the Future?](#)

If you would like additional information related to any of these topics, or have questions about planning for your family's financial future, please feel free to reach out to [our team of CERTIFIED FINANCIAL PLANNERS®](#).

From our family to yours,

The Harvest Group

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Technical and Fundamental

Analysis: Pursuing an Integrated Approach

In the investment world, technical and fundamental analysis are often presented as mutually exclusive from one another. Chief Investment Strategist Todd Ingwersen CFP® CIMA® dispels the myth that successful investing requires an either/or approach.



Read the [article](#).

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RMDs: Required Minimum Distribution Class 101

Did you know that your tax obligations continue after you start collecting retirement income? One of those obligations is meeting the required minimum distributions (RMDs) set forth by the IRS. If you're over the age of 70½ and have an IRA, the following thought piece from Roger Ingwersen CFP®, CIMA®, CRPC® is an essential read.



Read the [article](#).

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Medicare and Choosing Your Rx and Health Plan

Medicare Open Enrollment season is upon us. Laurie Ingwersen CFP®, CRPC®, CDFATM provides an overview of the factors you need to consider when evaluating your health and prescription drug plan for the 2018 calendar year.



Read the [article](#).

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A Retirement Income Roadmap for Women

Whether single or married, more women are taking charge of their retirement planning than ever before. The following article looks at the unique aspects of retirement planning for women, including a breakdown of coverage and when it starts.

Read the [article](#).

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Balancing a Retirement Portfolio with Asset Allocation

Diversification, balancing risk and return, and proper asset allocation are all essential characteristics of a successful investment portfolio. Whether you are a self-directed investor or part of a discretionary investment portfolio, the following resource will shed light on how to develop a successful investment strategy.

Read the [article](#).

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Charitable Contributions from IRAs

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Bitcoin: Fad or the Future?

Bitcoin prices have surged to record highs in recent weeks, and are up a staggering 1,000% over the past two years. In the following article, you will learn about the value of cryptocurrency, as well as its limitations.

Read the [article](#).

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